



CSM ACADEMY
INTERNATIONAL



CAREGIVER SHORT COURSE

**BEHIND EVERY
HEALTHCARE INDUSTRY**

IS A CAREGIVER WHO CARES



Cert No.: EDU-3-3219
Validity: 31-08-2025 to 30-08-2026

ERF Registration No. 200505735M
ERF Validity: 20/05/2022 – 19/05/2026

www.csmacademy.edu.sg

CAREGIVER COURSE

INTRODUCTION

At CSM Academy, we understand the critical role of caregivers in society. Caregivers provide essential physical and emotional support to sick or disabled family members at home, often assisting with a range of conditions from physical and mental illnesses to disabilities and substance abuse issues. They skilfully manage their own well-being and that of their family members while juggling multiple responsibilities. That's why we offer Sundays Caregiver Course—to empower you with essential skills and knowledge for effective caregiving.

WHAT WILL YOU LEARN?

- Infection Prevention and Control (IPC)
- Fall Prevention and Mobility
- Wheelchair Transfer
- Assistance for Elimination Needs
- Pressure Injury and Positioning
- Assistance for Hygiene Needs
- Range of Movement Exercises
- Medical Escort and Self Care
- Food Safety and Oral Feeding
- Dementia Awareness

WHO SHOULD ATTEND?

This Caregiver course is ideal for caregivers, individuals seeking to care for their loved ones, helpers with elderlies at home or those simply interested in self-care

DURATION:

10 Sessions, Every Sunday

9:00 am - 12:00 pm

FEE:

Course Fee: **S\$600***

Application Fee: **S\$50*** (waived)

Corporate Discount available

[Email us to find out more about our Promotion Fee]

**(before GST)*

ENTRY REQUIREMENT:

- Participants are required to be physically fit.
- Proficient in English, including reading and writing (converse and writing)

CERTIFICATION:

The Caregiver Course Singapore is designed to equip individuals with the essential skills required to care for the elderly. Participants in this Singapore Caregiver Course will gain hands-on experience in caregiving tasks and learn how to effectively communicate with elderly individuals. Upon completion of the Caregiver Course in Singapore, participants will receive a **Certificate of Completion**.

CSM Academy International Pte. Ltd.

250 Sims Avenue, #03-01, SPCS Building, Singapore 387513
www.csmacademy.edu.sg

Tel: +65 6296 2962

Email: csmsupport@csmacademy.edu.sg

Website: www.csmacademy.edu.sg