



CSM ACADEMY
INTERNATIONAL



DIPLOMA IN
**INDIVIDUAL
SUPPORT**
(AGING & DISABILITY)

**BEHIND EVERY
INTEGRATED CARE**

IS THE POWER TO EMPOWER LIVES



Cert No. : EDU-3-3219
Validity: 31-08-2025 to 30-08-2026

ERF Registration No. 200505735M
ERF Validity: 20/05/2022 - 19/05/2026

www.csmacademy.edu.sg

DIPLOMA IN INDIVIDUAL SUPPORT (AGING & DISABILITY)



Step into the healthcare industry with confidence and compassion through our Diploma in Individual Support (Aging & Disability). This transformative programme is ideal for individuals aspiring to become Care Assistants, Disability Service Officers, or professionals in aged care and disability support. **Inspired by Australia's Certificate III in Individual Support**, this 6-month hybrid course equips you with the essential knowledge, skills, and practical training to provide person-centred care that transforms lives. Our curriculum is designed to empower learners with a strong foundation in caregiving, ethical practices, and professional excellence. Whether you aim to work in healthcare facilities, community organisations, or provide home-based support, this course prepares you for a fulfilling career where you can make a meaningful difference.

Why Choose This Programme?

- **Comprehensive Curriculum:** **Master 16 specialised units** that focus on aging, disability, ethics, and person-centred care.
- **Flexible Learning:** Complete the course through a 5-month asynchronous programme, complemented by 120 hours of hands-on practical sessions to ensure job readiness.
- **Empathy-Focused Care:** Develop the ability to provide daily assistance, emotional support, and foster independence, promoting a higher quality of life.
- **Hands-On Training:** Practical learning sessions in simulated environments prepare you for real-world caregiving scenarios.
- **Global Standards:** The curriculum mirrors Australia's Certificate III in Individual Support, aligning with international best practices.

ABOUT CSM ACADEMY

CSM Academy was established since 2005 as a Private Education Institute to deliver Service Management programmes with a major focus on healthcare services education. It delivers multi-level courses ranging from Certifications and Diplomas to Bachelor's and Master's Degrees. To date, we have trained over thousands of staff from all hospitals and nursing homes in the BSc Nursing, Certificate in Aged Care, WSQ Certificates in Healthcare and developing our own intellectual property healthcare programs whereby we placed great emphasis on application of knowledge to the workplace and skills competency.

Accolades of CSM Academy:

- CSM Academy has a 4-year EduTrust Certification attesting to excellent level of performance in managing their institutions and providing high quality education standards and welfare for their students.
- CSM Academy was awarded the Best Educational Institute in Healthcare by CMO Asia in 2016.
- CSM Academy has established a Teaching Nursing Home with a simulation centre to facilitate holistic curriculum for our healthcare students for some of its courses.



COURSE DURATION

Full time: 6 months (including 1 month of practical sessions)

Total Hours: 419 (including assessments and practical learning)

Note:

- A minimum number of 15 students for the commencement of the class.
- Students will be informed 2 weeks before the commencement of the class.

DELIVERY MODE

E-learning (Synchronous) (5 months)

Practical learning (1 month)

ASSESSMENT METHODOLOGY:

1. Coursework-Based Assessments:
2. Multiple Choice Questions (MCQs):
3. Short Essay Questions

GRADUATION REQUIREMENT AND AWARDS

Pass all modules & practicals.

COURSE DEVELOPER:

CSM Academy International, Singapore

COURSE MODULES & SYPNOSIS

PROVIDE INDIVIDUALISED SUPPORT

Learn how to assess, organise, and deliver tailored support that aligns with individualised care plans, ensuring the holistic needs of clients are met. This module teaches monitoring and evaluation techniques for effective service delivery.

FACILITATE THE EMPOWERMENT OF PEOPLE RECEIVING SUPPORT

Discover how to empower individuals by promoting autonomy, self-confidence, and active decision-making, creating a foundation for independence and improved quality of life.

SUPPORT INDEPENDENCE AND WELL-BEING

Focus on strategies to foster physical, emotional, and social well-being, enabling clients to maintain or regain independence while achieving their personal goals.

RECOGNISE HEALTHY BODY SYSTEMS

Develop an understanding of healthy body systems, their functions, and the physical changes associated with aging or disability, allowing timely identification of potential health issues.

COMMUNICATE AND WORK IN HEALTH OR COMMUNITY SERVICES

Master effective communication techniques to build strong relationships with clients, families, and healthcare professionals, ensuring seamless and respectful interactions.

WORK WITH DIVERSE PEOPLE

Learn to work respectfully and inclusively with people from different cultural, social, and economic backgrounds, fostering trust and understanding in caregiving roles.

WORK LEGALLY AND ETHICALLY

Gain a thorough understanding of legal and ethical frameworks that guide caregiving practices, ensuring professional integrity and compliance in all situations.

APPLY BASIC PRINCIPLES OF INFECTION PREVENTION AND CONTROL

Acquire the skills to implement infection control measures and maintain hygiene standards in caregiving environments, safeguarding clients and staff.

FOLLOW SAFE WORK PRACTICES FOR DIRECT CLIENT CARE

Learn to apply safety principles and risk management strategies to protect clients, caregivers, and colleagues in all caregiving tasks.

PROVIDE SUPPORT TO PEOPLE LIVING WITH DEMENTIA

Develop specialised skills to provide compassionate, person-centered care to individuals living with dementia, addressing their unique challenges with understanding and empathy.

WORK EFFECTIVELY IN AGED CARE

Gain a deep understanding of the disability support sector, focusing on providing tailored care that empowers individuals to live fulfilling and independent lives.

CONTRIBUTE TO ONGOING SKILLS DEVELOPMENT USING A STRENGTHS-BASED APPROACH

Learn to assist clients in developing their capabilities and confidence by focusing on their strengths, fostering self-reliance and growth.

SUPPORT COMMUNITY PARTICIPATION AND SOCIAL INCLUSION

Enable individuals with disabilities to engage in community activities, promoting social inclusion, psychosocial well-being, and an enhanced quality of life.

PRACTICAL LEARNING

Apply theoretical knowledge in simulated caregiving environments, gaining hands-on experience in real-world scenarios to prepare for professional caregiving roles.

Please visit our website for more information about the modules.

ENTRY REQUIREMENT

This programme is ideal for anyone passionate about joining the healthcare industry, particularly roles such as Care Assistants or Disability Service Officers.

Minimum Education Requirements:

- At least 3 GCE O-Level passes, including a C6 in English, or equivalent qualifications.
- Candidate with work experience can be considered.

FEES (before GST)

Application Fee
(Non-Refundable and non-transferrable)
For local students: S\$50.00
For international students: S\$600

Course Fee S\$5,888

****Above fees are before GST**

Insurance Fees:

Fee Protection Scheme** : Subject to prevailing market rate
Medical Insurance Fee*** : Subject to prevailing market rate

***The Fee Protection Scheme (FPS) serves to protect students' paid fees.*

****It is compulsory for all local and international students to purchase medical insurance which is valid throughout their course of studies with the CSM Academy International. Local students (Singaporeans, PRs & Non-student's Pass holders) may opt-out for this scheme if they can provide the proof of adequate medical insurance coverage in Singapore.*

Miscellaneous Fees:

Please ask for a copy from our Programme Executives.

OUR VISION

To be the Premier Educator for Service Excellence

OUR VALUES

Responsibility, Integrity, Passion and Excellence (RIPE)

OUR MISSION

To inspire Passion for Service and Contribution to Society through Excellence in Continuous Education

OUR CULTURE

An Open and Conducive Learning Environment, With Mutual Respect and Professionalism to Build A High Performance Organisation

HOW TO APPLY (FOR LOCAL AND INTERNATIONAL STUDENTS)

01

FILL UP THE FOLLOWING ONLINE FORMS

- Application Form - CSM Academy International Pte Ltd
- ICA Form 16 and E-Form V36 - applicable only for International Students (complete in English and duly signed by applicant)

02

ATTACH THE FOLLOWING DOCUMENTS

- A copy of passport-size photograph with white background
- A copy of NRIC (for Singaporeans and PR)
- A copy of passport - applicable only for International Students (must have at least 1 year validity)

03

BRING THE ORIGINAL DOCUMENTS FOR THE FOLLOWING ITEMS

- Notarised/Certified true copies of all your educational transcripts and completion certificates
- Proof of study loan, sufficient enough to cover the course fees.
- All documents need to be translated into English and submitted along with the original documents.
- Proof of English proficiency (e.g., IELTS/TOEFL score sheet or equivalent qualification, if applicable).
- Resume or letter from employer certifying period of employment (if applicable)

04

OFFER BY THE SCHOOL

Upon receipt of your completed application, you will be notified of the outcome within 2 weeks. Successful applicants will receive an electronic version of the Letter of Offer and the terms and conditions page, if applicable.

05

APPLICATION OF STUDENT PASS - ONLY APPLICABLE FOR INTERNATIONAL STUDENTS (SKIP THIS STEP FOR LOCAL STUDENTS)

Upon approval of your application, CSM Academy will proceed to submit your Student's Pass application via SOLAR+ to Singapore Immigration and Checkpoints Authority (ICA). You will be notified of the outcome within 6 weeks.

PAYMENT OF PROGRAMME FEES

For Local Students – You will be required to bring the original certificates for verification, sign the student contract and make course payments.

For International Students - Once your Student Pass application is approved-in-principle by ICA, you will be required to bring the original certificates for verification and to sign the student contract, followed by course fee payment. Do contact our Students & Industry Outreach Executive if you require student services on arrival such as airport pick-up, accommodation, medical check-up and more.

PAYMENT MODE

Via Paynow, iBanking, Nets & Cheque