



CSM ACADEMY
INTERNATIONAL



GRADUATE CERTIFICATE IN MENTAL HEALTH

SUPPORTING CARE

YOUR PATH TO MENTAL HEALTH MASTERY



Cert No. : EDU-3-3219
Validity : 31 August 2025 to 30 August 2026

ERF Registration No. 200505735M
ERF Validity: 20/05/2022 - 19/05/2026

www.csmacademy.edu.sg

Awarded by:

ECU
EDITH COWAN
UNIVERSITY

www.ecu.edu.au

COURSE OVERVIEW & WHO SHOULD APPLY

The Graduate Certificate in Mental Health is crafted for individuals committed to promoting mental health and eager to deepen their understanding on mental health assessment and intervention strategies across a range of health settings.

This program is well-suited for recent graduates aspiring to specialise in mental health, professionals in allied fields such as social work aiming to elevate their competencies, or individuals considering a career shift towards roles centered on mental health support and care. It offers comprehensive training to empower social allied workers and human resources professionals in making a meaningful impact in mental health care.

COURSE MODULES

1. Contemporary Issues in Mental Health

This unit advances the student's knowledge of mental health theory and practice. Aspects of mental health care including psychopathology, treatment modalities, models of care, medico-legal issues in care and changing trends in the provision of care in the mental health setting will be explored. Students will be expected to be self-directed in examining issues relating to clinical practice in the mental health service context.

2. Assessment in Mental Health

Mental health professionals are frequently the point-of-first-contact with a person suffering from an acute mental illness. The accurate and timely assessment of these potentially unstable people is a fundamental mental health skill. Various approaches to assessing people with mental illness in the community and inpatient settings that are both responsive to the needs of the wider community, mental health consumers and their families, will also be explored.

A range of interventions within a variety of mental health settings will be addressed, including the identification of relapse in clients living in the community. Students will further explore how psychotherapy, psycho-pharmacology and family therapy can be applied to mental health consumers and their families/carers.

3. Community Mental Health

This unit explores the issues that are significant in contemporary community mental health practice. Students will focus on the concept of case management and recovery in relation to individuals, groups and communities as well as on the essential practice skills for community mental health practitioners. The use of instruments for mental health assessment will be explored. Students will also explore family-based approaches, the role of consumers and their family in supported decision-making and stakeholder collaboration.

COURSE OBJECTIVES

- Communicate specialised knowledge, concepts and skills to a variety of audiences in the field of mental health practice.
- Apply independent judgement when reviewing, analysing and evaluating complex problems to generate creative solutions.
- Demonstrate professional clinical management skills by initiating, planning, implementing and evaluating tasks within a mental health context.



WHAT MAKES THIS COURSE UNIQUE FOR YOU?

- Learn from international and local mental health experts.
- Designed for working professionals with a flexible schedule.
- Pathway to Master's degree and global career progression.

Disclaimer:
Information in the brochure is correct at time of printing. ECU reserves the right to change information or material at any time without notice, including but not limited to details relating to programs, courses, admissions, fees, and services.

CRICOS Provider No. 002798 RTO Code 4756 TEQSA ID PRV12160, Australian University
Last updated 30 June 2025

COURSE DURATION

Full time: 6 months

Part time: 12 months

Note:

The duration of 6 months/12 months for full-time/part-time respectively includes interim term breaks, exam periods, and a dedicated re-assessment week. Actual study period is only **13 weeks for full-time** and **26 weeks for part-time**.

The Graduate Certificate in Mental Health also provides a pathway to ECU's Graduate Diploma and Master of Mental Health Nursing.

Pathways for Mental Health Courses at ECU

1

Graduate Certificate in Mental Health

- Contemporary issues in mental health
- Assessments in mental health
- Community mental health

2

Graduate Diploma in Mental Health Nursing

- Evidence-based practice and research design
- Child and adolescent mental health
- Additional unit

3

Master of Mental Health Nursing

- Clinical leadership and management
- Research project
- Coaching and mentoring in the clinical setting

DELIVERY MODE

Blended learning:

Online learning -

Students will engage in learning experiences via ECU's Learning Management System as well as additional ECU learning technologies.

Face-to-face intensive lectures -

- Each module will have 2 days of intensive lectures at the beginning of the semester.
- 100% of all Lecturers are from the University.
- Each module will have 5 evenings of 2 to 2.5 hours tutorials spread over the entire semester. Tutorials are by Singapore Senior Leaders in the healthcare industry.

COURSE COMMENCEMENT

February, July & November

COURSE STRUCTURE

Students are required to complete 3 modules.

ASSESSMENT METHODOLOGY & GRADUATE REQUIREMENTS

Students are assessed in various methods such as reports, reflective practice, essays, assignments and presentations. To graduate, a student must complete all three modules and pass all the final assessments.

CAREER OPPORTUNITIES

Completing this course will boost your career prospects across various mental health roles, facilitating progression to higher-level positions within healthcare and social service environments. You'll develop transferable skills to educate peers, advocate within communities, initiate interventions, and deliver training to support networks, enhancing your ability to make a meaningful impact in mental health care.

Job Roles: Mental Health Practitioner/Advisor, Mental Health Educator, Mental Health Clinician, Mental Health Nurse Manager, Case Manager, Wellness Manager, etc.

COURSE DEVELOPER & AWARDING BODY

Edith Cowan University, Australia

COURSE ENTRY REQUIREMENT

Academic Admission Requirements:

- All applicants are required to have a Bachelor degree in a health, counselling, social work, occupational therapy, nursing, midwifery
- OR psychology related area;
- OR equivalent prior learning including relevant professional working experience (at least five years in mental health setting)

English Language Requirement:

English competency requirements may be satisfied through completion of one of the following:

- Bachelor degree from a country specified on the English Proficiency Bands page
- IELTS Academic Overall band minimum score of 6.5 (no individual band less than 6.0);

Please visit the ECU website for a comprehensive list of the English Proficiency Bands.

FEES:

*Application Fee

S\$300.00

(Non-Refundable and non-transferrable)

*2025 Course Fee:

S\$2,450.00 per module

S\$7,350.00 for entire course.

*Above fees are before GST & Fee Protection Scheme

*Subject to change

Insurance Fees:

1) Fee Protection Scheme

Subject to prevailing market rate

The Fee Protection Scheme (FPS) serves to protect students' paid fees.

2) Medical Insurance Fee:

Subject to prevailing market rate

It is recommended for students to purchase medical insurance which is valid throughout their course of studies with CSM Academy International.

Note:

- Payment of fees is in Singapore Dollars.
- Payment method only by Cheque/ Nets/ Telegraphic Transfer/online payment.

Miscellaneous Fees:

Please ask for a copy from our Programme Executives.

HOW TO APPLY

Please contact us on how to guide you for the online application via MyCSM portal (<https://portal.csmacademy.org>)

Following documents are to be submitted:

- Passport / Birth Certificate / NRIC
- Highest Academic Qualifications
- English Language Competency Certificates
- Digital Passport-sized Photograph
- Application Fee

OUR VISION

To be the Premier Educator for Service Excellence

OUR MISSION

To inspire Passion for Service and Contribution to Society through Excellence in Continuous Education

OUR VALUES

Responsibility, Integrity, Passion and Excellence (RIPE)

OUR CULTURE

An Open and Conducive Learning Environment, With Mutual Respect and Professionalism to Build A High Performance Organization

ABOUT CSM ACADEMY

CSM Academy was established in 2005 as a Private Education Institute to deliver Service Management programmes with a focus on healthcare services education. It offers multi-level courses ranging from Certificates and Diplomas to Bachelor's and Master's Degrees. Beyond healthcare, CSM Academy also provides educational programmes across a wide range of other disciplines, including Biomedical Research, Digital Media, and Tourism & Hospitality.

To date, CSM has trained thousands of staff from hospitals and nursing homes across Singapore through programmes such as the BSc Nursing, Certificate in Aged Care, Certificate in Therapy Services, Higher Certificate in Healthcare, and Diploma in Individual Support. These programmes place great emphasis on the application of knowledge in the workplace and building skills competency.

The Bachelor of Science (Nursing Studies) offers post-registration nurses a dynamic and hands-on learning experience through a simulation ward built within the CSM Nursing Home, allowing students to practise in a real-life healthcare environment. This authentic setting mirrors clinical placements and enhances practical application of skills in areas like AI in nursing, mental wellness, and teaching. The Graduate Certificate in Mental Health also provides immersive learning, where students engage directly with elderly residents at the nursing home to observe behaviours, build empathy, and apply mental health assessment techniques—bridging theory with real-world understanding through meaningful interactions.

Accolades of CSM Academy:

- CSM Academy has a 4-year EduTrust Certification attesting to excellent level of performance in managing their institutions and providing high quality education standards and welfare for their students.
- CSM Academy was awarded the Best Educational Institute in Healthcare by CMO Asia in 2016.
- CSM Academy has established a Nursing Home with a simulation centre to facilitate holistic curriculum for our healthcare students for some of its courses.



ABOUT EDITH COWAN UNIVERSITY, AUSTRALIA

ECU's undergraduate nursing program is recognised as #1 in Western Australia for Overall Experience in the latest Good Universities Guide rankings, and is also ranked among the top 75 Nursing schools globally (Shanghai Ranking 2025).

With a prestigious 5-star rating for teaching quality — a distinction it has upheld for an impressive 18 consecutive years— ECU is a leader in student satisfaction. It also excels in overall experience, learning resources, skills development, and student support, ensuring graduates are equipped with the knowledge, confidence, and hands-on expertise to thrive in the healthcare industry.

Some of its more notable accolades include:



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